

# AAMC MCAT Science Topics

rearranged into regular order

## Physics

- **Kinematics**
  - Translational Motion (PHY)**
    - Units and dimensions
    - Vectors, components
    - Vector addition
    - Speed, velocity (average and instantaneous)
    - Acceleration
- **Newton's Laws**
  - Force (PHY)**
    - Newton's First Law, inertia
    - Newton's Second Law ( $F = ma$ )
    - Newton's Third Law, forces equal and opposite
    - Friction, static and kinetic
    - Center of mass
  - Equilibrium (PHY)**
    - Vector analysis of forces acting on a point object
    - Torques, lever arms
- **Work, Energy, and Power**
  - Work (PHY)**
    - Work done by a constant force:  $W = Fd \cos \theta$
    - Mechanical advantage
    - Work Kinetic Energy Theorem
    - Conservative forces
  - Energy of Point Object Systems (PHY)**
    - Kinetic Energy:  $KE = \frac{1}{2}mv^2$ ; units
    - Potential Energy
      - $PE = mgh$  (gravitational, local)
      - $PE = \frac{1}{2}kx^2$  (spring)
    - Conservation of energy
    - Power, units
- **Simple Harmonic Motion**
  - Periodic Motion (PHY)**
    - Amplitude, frequency, phase
    - $PE = \frac{1}{2}kx^2$  (spring)
- **Fluid Mechanics**
  - Fluids (PHY)**
    - Density, specific gravity
    - Buoyancy, Archimedes' Principle
    - Hydrostatic pressure
      - Pascal's Law
      - Hydrostatic pressure;  $P = \rho gh$  (pressure vs. depth)
    - Viscosity: Poiseuille Flow
    - Continuity equation ( $A \cdot v = \text{constant}$ )
    - Concept of turbulence at high velocities
    - Surface tension
    - Bernoulli's equation
    - Venturi effect, pitot tube
  - Circulatory System (BIO)**
    - Arterial and venous systems; pressure and flow characteristics
- **Waves**
  - **Transverse and longitudinal waves**
  - **Wavelength and propagation speed**
  - Sound (PHY)**
    - Production of sound
    - Relative speed of sound in solids, liquids, and gases
    - Intensity of sound, decibel units, log scale
    - Attenuation (Damping)
    - Doppler Effect
      - moving sound source or observer
      - reflection of sound from a moving object
    - Pitch
    - Resonance in pipes and strings
    - Ultrasound
    - Shock waves
- **Heat and Temperature**
  - Measurement of heat changes (calorimetry)
    - Heat capacity, specific heat
- **The Ideal Gas and Kinetic Theory**
  - Gas Phase (GC, PHY)**
    - Absolute temperature, (K) Kelvin Scale
    - Pressure, simple mercury barometer
    - Molar volume at  $0^\circ\text{C}$  and  $1 \text{ atm} = 22.4 \text{ L/mol}$
    - Ideal gas
      - Definition
      - Ideal Gas Law:  $PV = nRT$
      - Boyle's Law:  $PV = \text{constant}$
      - Charles' Law:  $V/T = \text{constant}$
      - Avogadro's Law:  $V/n = \text{constant}$
    - Kinetic Molecular Theory of Gases
      - Heat capacity at constant volume and at constant pressure (PHY)
      - Boltzmann's Constant (PHY)
    - Deviation of real gas behavior from Ideal Gas Law
      - Qualitative
      - Quantitative (Van der Waals' Equation)
    - Partial pressure, mole fraction
    - Dalton's Law relating partial pressure to composition
- **The First Law of Thermodynamics**
  - Thermodynamic system – state function
  - Zeroth Law – concept of temperature
  - First Law – conservation of energy in thermodynamic processes
  - $PV$  diagram: work done = area under or enclosed by curve (PHY)
- **The Second Law of Thermodynamics**
  - Second Law – concept of entropy
    - Entropy as a measure of “disorder”
    - Relative entropy for gas, liquid, and crystal states
- **Electricity**
  - Electrostatics (PHY)**
    - Charge, conductors, charge conservation
    - Insulators
    - Coulomb's Law
    - Electric field  $E$ 
      - Field lines
      - Field due to charge distribution
    - Electrostatic energy, electric potential at a point in space
- **DC Current**
  - Circuit Elements (PHY)**
    - Current  $I = \Delta Q / \Delta t$ , sign conventions, units
    - Electromotive force, voltage
    - Resistance
      - Ohm's Law:  $I = V/R$
      - Resistors in series
      - Resistors in parallel
      - Resistivity:  $\rho = R \cdot A/L$
    - Capacitance
      - Parallel plate capacitor
      - Energy of charged capacitor
      - Capacitors in series
      - Capacitors in parallel
      - Dielectrics
    - Conductivity
      - Metallic
      - Electrolytic
    - Meters
- **Magnetism**
  - Magnetism (PHY)**
    - Definition of magnetic field  $B$
    - Motion of charged particles in magnetic fields; Lorentz force
    - Paramagnetism and diamagnetism
- **The Properties of Light**
  - Properties of electromagnetic radiation
    - Velocity equals constant  $c$ , in *vacuo*
    - Perpendicularly oscillating electric and magnetic fields
  - Direction of propagation is perpendicular to both
  - Classification of electromagnetic spectrum, photon energy  $E = hf$
  - Visual spectrum, color
  - Reflection from plane surface: angle of incidence equals angle of

- reflection
  - Refraction, refractive index  $n$ ; Snell's law:  $n_1 \sin \theta_1 = n_2 \sin \theta_2$
  - Dispersion, change of index of refraction with wavelength
  - Conditions for total internal reflection
  - Polarization of light: linear and circular
- Geometric Optics**
  - Geometrical Optics (PHY)**
    - Spherical mirrors
      - Center of curvature
      - Focal length
      - Real and virtual images
    - Thin lenses
      - Converging and diverging lenses
      - Use of formula  $1/p + 1/q = 1/f$ , with sign conventions
      - Lens strength, diopters
    - Combination of lenses
    - Lens aberration
    - Optical Instruments, including the human eye
  - Wave Optics**
    - Light, Electromagnetic Radiation (PHY)**
      - Concept of Interference; Young Double-slit Experiment
      - Thin films, diffraction grating, single-slit diffraction
      - Other diffraction phenomena, X-ray diffraction
  - Modern Physics** *Also See Atomic Theory*
    - Heisenberg Uncertainty Principle
    - Photoelectric effect
  - Nuclear Physics**
    - Neutrons, protons, isotopes
    - Nuclear forces, binding energy
    - Radioactive decay
      - $\alpha$ ,  $\beta$ ,  $\gamma$  decay
      - Half-life, exponential decay, semi-log plots

## General Chemistry

- Atomic Theory**
  - Atomic Nucleus (PHY, GC)**
    - Atomic number, atomic weight
    - Mass spectrometer
  - Electronic Structure (PHY, GC)**
    - Orbital structure of hydrogen atom
    - Principal quantum number  $n$ , # of electrons per orbital (GC)
    - Ground state, excited states
    - Absorption and emission line spectra
    - Use of Pauli Exclusion Principle
    - Conventional notation for electronic structure (GC)
    - Bohr atom
    - Effective nuclear charge (GC)
- Periodic Trends**
  - The Periodic Table - Classification of Elements into Groups by Electronic Structure (GC)**
    - Alkali metals
    - Alkaline earth metals: their chemical characteristics
    - Halogens: their chemical characteristics
    - Noble gases: their physical and chemical characteristics
    - Transition metals
    - Representative elements
    - Metals and non-metals
    - Oxygen group
  - The Periodic Table - Variations of Chemical Properties with Group and Row (GC)**
    - Valence electrons
    - First and second ionization energy
      - Definition
      - Prediction from electronic structure for elements in different groups or rows
    - Electron affinity
      - Definition
      - Variation with group and row
    - Electronegativity
      - Definition
      - Comparative values for some representative elements and important groups
- Electron shells and the sizes of atoms
  - Electron shells and the sizes of ions
- The Chemical Bond**
  - Covalent Bond (GC)**
    - Lewis Electron Dot formulas
      - Resonance structures
      - Formal charge
      - Lewis acids and bases
    - Partial ionic character
      - Role of electronegativity in determining charge distribution
      - Dipole moment
    - $\sigma$  and  $\pi$  bonds
      - Hybrid orbitals:  $sp^3$ ,  $sp^2$ ,  $sp$  and respective geometries
      - Valence shell electron pair repulsion and the shapes of molecules (e.g.,  $\text{NH}_3$ ,  $\text{H}_2\text{O}$ ,  $\text{CO}_2$ )
      - Structural formulas for molecules involving H, C, N, O, F, S, P, Si, Cl
      - Delocalized electrons and resonance in ions and molecules
    - Multiple bonding
      - Effect on bond length and bond energies
      - Rigidity in molecular structure
  - Intermolecular Forces**
    - Liquid Phase - Intermolecular Forces (GC)**
      - Hydrogen bonding
      - Dipole Interactions
      - Van der Waals' Forces (London dispersion forces)
  - Stoichiometry**
    - Stoichiometry (GC)**
      - Molecular weight
      - Empirical versus molecular formula
      - Metric units commonly used in the context of chemistry
      - Description of composition by percent mass
      - Mole concept, Avogadro's number  $N_A$
      - Definition of density
      - Oxidation number
        - Common oxidizing and reducing agents
        - Disproportionation reactions
      - Description of reactions by chemical equations
        - Conventions for writing chemical equations
        - Balancing equations, including redox equations
        - Limiting reactants
        - Theoretical yields
    - Thermochemistry**
      - Endothermic/exothermic reactions (GC)
        - Enthalpy,  $H$ , and standard heats of reaction and formation
        - Hess' Law of Heat Summation
        - Bond dissociation energy as related to heats of formation (GC)
    - The States of Matter**
      - Coefficient of expansion (PHY)
      - Heat of fusion, heat of vaporization
      - Phase diagram: pressure and temperature
    - Chemical Thermodynamics and the Equilibrium State**
      - Second Law – concept of entropy
        - Entropy as a measure of “disorder”
        - Relative entropy for gas, liquid, and crystal states
      - Free energy:  $G$  (GC)
      - Spontaneous reactions and  $\Delta G^\circ$  (GC)
      - Bioenergetics/thermodynamics
        - Free energy /  $K_{eq}$
      - Equilibrium constant
      - Relationship of the equilibrium constant and  $\Delta G^\circ$ 
        - Concentration
      - Le Châtelier's Principle
        - Endothermic/exothermic reactions
        - Free energy:  $G$
        - Spontaneous reactions and  $\Delta G^\circ$
      - Equilibrium in reversible chemical reactions
        - Law of Mass Action
        - Equilibrium Constant
        - Application of Le Châtelier's Principle
      - Relationship of the equilibrium constant and  $\Delta G^\circ$
    - Chemical Kinetics**
      - Rate Processes in Chemical Reactions**

## Kinetics and Equilibrium (GC)

- Reaction rate
- Dependence of reaction rate on concentration of reactants
  - Rate law, rate constant
  - Reaction order
- Rate-determining step
- Dependence of reaction rate upon temperature
  - Activation energy
- Activated complex or transition state
  - Interpretation of energy profiles showing energies of reactants, products, activation energy, and  $\Delta H$  for the reaction
  - Use of the Arrhenius Equation
- Kinetic control versus thermodynamic control of a reaction
- Catalysts

## Solutions

### Ions in Solutions (GC, BC)

- Anion, cation: common names, formulas and charges for familiar ions (e.g.,  $\text{NH}_4^+$  ammonium,  $\text{PO}_4^{3-}$  phosphate,  $\text{SO}_4^{2-}$  sulfate)
  - Hydration, the hydronium ion

### Solubility (GC)

- Units of concentration (e.g., molarity)
- Solubility product constant; the equilibrium expression  $K_{sp}$
- Common-ion effect, its use in laboratory separations
  - Complex ion formation
  - Complex ions and solubility
  - Solubility and pH
  - Osmosis
- Colligative properties; osmotic pressure (GC)
- Henry's Law (GC)

## Acids and Bases

### Acid/Base Equilibria (GC, BC)

- Brønsted-Lowry definition of acid, base
- Ionization of water
  - $K_w$ , its approx. value ( $K_w = [\text{H}^+][\text{OH}^-] = 10$  at  $25^\circ\text{C}$ , 1 atm)
  - Definition of pH: pH of pure water
- Conjugate acids and bases (e.g.,  $\text{NH}_4^+$  and  $\text{NH}_3$ )
- Strong acids and bases (e.g., nitric, sulfuric)
- Weak acids and bases (e.g., acetic, benzoic)
  - Dissociation of weak acids and bases with or without added salt
  - Hydrolysis of salts of weak acids or bases
  - Calculation of pH of solutions of salts of weak acids or bases
- Equilibrium constants  $K_a$  and  $K_b$ :  $pK_a$ ,  $pK_b$
- Buffers
  - Definition and concepts (common buffer systems)
  - Influence on titration curves

### Titration (GC)

- Indicators
- Neutralization
- Interpretation of the titration curves

## Coordination Chemistry

- Complex ion formation
- Complex ions and solubility

## Oxidation-Reduction & Electrochemistry

- Oxidation number
  - Common oxidizing and reducing agents
  - Disproportionation reactions
- Redox titration

### Electrochemistry

- Biological oxidation-reduction**
  - Half-reactions
  - Soluble electron carriers
  - Flavoproteins
- Concentration cell: direction of electron flow, Nernst equation
- Electrolytic cell
  - Electrolysis
  - Anode, cathode
  - Electrolyte
  - Faraday's Law relating amount of elements deposited (or gas liberated) at an electrode to current
  - Electron flow; oxidation, and reduction at the electrodes
- Galvanic or Voltaic cells
  - Half-reactions
  - Reduction potentials; cell potential
  - Direction of electron flow

- Concentration cell
- Batteries
  - Electromotive force, Voltage
  - Lead-storage batteries
  - Nickel-cadmium batteries

### Specialized Cell - Nerve Cell (BIO)

- Myelin sheath, Schwann cells, insulation of axon
- Nodes of Ranvier: propagation of nerve impulse along axon

# Organic Chemistry

## Stereochemistry

- Stereochemistry of covalently bonded molecules (OC)**
  - Isomers
- Structural isomers
- Stereoisomers (e.g., diastereomers, enantiomers, cis/trans isomers)
- Conformational isomers
  - Polarization of light, specific rotation
  - Absolute and relative configuration
- Conventions for writing *R* and *S* forms
- Conventions for writing *E* and *Z* forms
- Cyclic structure and conformations of hexoses
- Epimers and anomers
- Racemic mixtures, separation of enantiomers (OC)**

## Molecular Structure and Absorption Spectra (OC)

- Infrared region
  - Intramolecular vibrations and rotations
  - Recognizing common characteristic group absorptions, fingerprint region
- Visible region (GC)
  - Absorption in visible region gives complementary color (e.g., carotene)
  - Effect of structural changes on absorption (e.g., indicators)
- Ultraviolet region
  - $\pi$ -Electron and non-bonding electron transitions
  - Conjugated systems
- NMR spectroscopy
  - Protons in a magnetic field; equivalent protons
  - Spin-spin splitting

## Reactions of Alcohols and Ethers

### Alcohols (OC)

- Description
  - Nomenclature
  - Physical properties (acidity, hydrogen bonding)
- Important reactions
  - Oxidation
  - Substitution reactions:  $\text{S}_\text{N}1$  or  $\text{S}_\text{N}2$
  - Protection of alcohols
  - Preparation of mesylates and tosylates

## Reactions of Aldehydes and Ketones

### Aldehydes and Ketones (OC)

- Description
  - Nomenclature
  - Physical properties
- Important reactions
- Nucleophilic addition reactions at  $\text{C}=\text{O}$  bond
  - Acetal, hemiacetal
  - Imine, enamine
  - Hydride reagents
  - Cyanohydrin
- Reactions at adjacent positions: enolate chemistry
  - Keto-enol tautomerism ( $\alpha$ -racemization)
  - Aldol condensation, retro-aldol
  - Kinetic versus thermodynamic enolate
- Oxidation of aldehydes
- General principles
  - Effect of substituents on reactivity of  $\text{C}=\text{O}$ ; steric hindrance
  - Acidity of  $\alpha$ -H; carbanions

## Reactions of Carboxylic Acids and Derivatives

### Carboxylic Acids (OC)

- Description
  - Nomenclature

- Physical properties
- Important reactions
  - Carboxyl group reactions
- Amides (and lactam), esters (and lactone), anhydride formation
- Reduction
- Decarboxylation
- Reactions at 2-position, substitution

#### Acid Derivatives (Anhydrides, Amides, Esters) (OC)

- Description
  - Nomenclature
  - Physical properties
- Important reactions
  - Nucleophilic substitution
  - Transesterification
  - Hydrolysis of amides
- General principles
  - Relative reactivity of acid derivatives
  - Steric effects
  - Electronic effects
  - Strain (e.g.,  $\beta$ -lactams)

#### Reactions of Organic Phosphorus Compounds

- Phosphoryl group transfers and ATP
  - ATP hydrolysis is  $\Delta G \ll 0$
  - ATP group transfers

#### Reactions of Organic Sulfur Compounds

- Sulfur linkage for cysteine and cystine
- Preparation of mesylates and tosylates

#### Phenols

- Oxidation and reduction (e.g., hydroquinones, ubiquinones): biological  $2e^-$  redox centers

#### Polycyclic and Heterocyclic Aromatic Compounds

- Biological aromatic heterocycles

## Biology

### Proteins

#### Amino Acids (BC, OC)

- Description
  - Absolute configuration at the  $\alpha$  position
  - Amino acids as dipolar ions
  - Classifications
- Acidic or basic
- Reactions
- Hydrophobic or hydrophilic
  - Sulfur linkage for cysteine and cystine
  - Peptide linkage: polypeptides and proteins
  - Hydrolysis

#### Protein Structure (BIO, BC, OC)

- Structure
  - 1° structure of proteins
  - 2° structure of proteins
  - 3° structure of proteins; role of proline, cystine, hydrophobic bonding
  - 4° structure of proteins (BIO, BC)
- Conformational stability
  - Denaturing and folding
  - Hydrophobic interactions
  - Solvation layer (entropy) (BC)
- Separation techniques
  - Isoelectric point
  - Electrophoresis

#### Non-Enzymatic Protein Function (BIO, BC)

- Binding (BC)
- Immune system
- Motors

#### Enzyme Structure and Function (BIO, BC)

- Function of enzymes in catalyzing biological reactions
- Enzyme classification by reaction type
- Reduction of activation energy
- Substrates and enzyme specificity
- Active Site Model

- Induced-fit Model
- Mechanism of catalysis
  - Cofactors
  - Coenzymes
  - Water-soluble vitamins
- Effects of local conditions on enzyme activity

#### Control of Enzyme Activity (BIO, BC)

- Kinetics
  - General (catalysis)
  - Michaelis–Menten
  - Cooperativity
- Feedback regulation
- Inhibition–types
  - Competitive
  - Non-competitive
  - Mixed (BC)
  - Uncompetitive (BC)
- Regulatory enzymes
  - Allosteric enzymes
  - Covalently-modified enzymes
  - Zymogen

### Carbohydrates

#### Carbohydrates (BC, OC)

- Description
  - Nomenclature and classification, common names
  - Absolute configuration
  - Cyclic structure and conformations of hexoses
  - Epimers and anomers
- Hydrolysis of the glycoside linkage
- Monosaccharides
- Disaccharides
- Polysaccharides
- Hydrolysis of the glycoside linkage
- Keto-enol tautomerism of monosaccharides
- Disaccharides (BC)
- Polysaccharides (BC)

### Nucleic Acids

#### Nucleic Acid Structure and Function (BIO, BC)

- Description
- Nucleotides and nucleosides
  - Sugar phosphate backbone
  - Pyrimidine, purine residues
- Deoxyribonucleic acid (DNA): double helix, Watson–Crick model
- Base pairing specificity: A with T, G with C
- Function in transmission of genetic information (BIO)
- DNA denaturation, reannealing, hybridization
- Chemistry (BC)
- Other functions (BC)

### Lipids

#### Metabolism of Fatty Acids and Proteins (BIO, BC)

- Description of fatty acids (BC)
- Digestion, mobilization, and transport of fats

#### Lipids (BC, OC)

- Description, Types
  - Structural
- Triacyl glycerols
  - Storage
- Free fatty acids: saponification
- Phospholipids and phosphatids
- Sphingolipids (BC)
- Waxes
- Terpenes and terpenoids
- Signals/cofactors
  - Fat-soluble vitamins
  - Steroids
  - Prostaglandins (BC)

### Biological Membranes

#### Plasma Membrane (BIO, BC)

- General function in cell containment
- Composition of membranes
  - Lipid components (BIO, BC, OC)
- Phospholipids (and phosphatids)
- Steroids
- Waxes
- Protein components

- Fluid mosaic model
- Membrane dynamics
- Solute transport across membranes
  - Thermodynamic considerations
  - Osmosis
  - Colligative properties; osmotic pressure (GC)
  - Passive transport
  - Active transport
  - Sodium/potassium pump
  - Membrane channels
- Membrane potential
- Membrane receptors
- Exocytosis and endocytosis
- Intercellular junctions (BIO)
  - Gap junctions
  - Tight junctions
  - Desmosomes

#### Biosignalling (BC)

- Gated ion channels
  - Voltage gated
  - Ligand gated
- Receptor enzymes
- G protein-coupled receptors

#### ▪ The Prokaryotic Cell

- Lack of nuclear membrane and mitotic apparatus
- Lack of typical eukaryotic organelles
- Presence of cell wall in bacteria
- Flagellar propulsion, mechanism

#### Growth and Physiology of Prokaryotic Cells (BIO)

- Reproduction by fission
- High degree of genetic adaptability, antibiotic resistance
- Exponential growth
- Existence of anaerobic and aerobic variants
- Parasitic and symbiotic
- Chemotaxis

#### Genetics of Prokaryotic Cells (BIO)

- Existence of plasmids, extragenomic DNA
- Transformation: incorporation into bacterial genome of DNA fragments from external medium
- Conjugation
- Transposons (also present in eukaryotic cells)

#### ▪ The Eukaryotic Cell

##### Cell Theory (BIO)

- History and development
- Impact on biology

#### Membrane-Bound Organelles and Defining Characteristics of Eukaryotic Cells (BIO)

- Defining characteristics of eukaryotic cells:
  - membrane bound nucleus
  - presence of organelles
  - mitotic division
- Nucleus
  - Compartmentalization, storage of genetic information
  - Nucleolus: location and function
  - Nuclear envelope, nuclear pores
- Mitochondria
  - Site of ATP production
  - Inner and outer membrane structure (BIO, BC)
  - Self-replication
- Lysosomes: membrane-bound vesicles containing hydrolytic

enzymes

- Endoplasmic reticulum
  - Rough and smooth components
  - Rough endoplasmic reticulum site of ribosomes
  - Double membrane structure
  - Role in membrane biosynthesis
  - Role in biosynthesis of secreted proteins
- Golgi apparatus: general structure and role in packaging and

secretion

- Peroxisomes: organelles that collect peroxides
- Cytoskeleton (BIO)
  - General function in cell support and movement
  - Microfilaments: composition, role in cleavage and contractility
  - Microtubules: composition and role in support and transport
  - Intermediate filaments, role in support

- Composition and function of cilia and flagella
- Centrioles, microtubule organizing centers

#### ▪ Bioenergetics and Cellular Respiration

##### Principles of Bioenergetics (BC)

- Bioenergetics/thermodynamics
  - Free energy/ $K_{eq}$
  - Concentration
- Phosphorylation/ATP
  - ATP hydrolysis  $\Delta G \ll 0$
  - ATP group transfers
- Biological oxidation–reduction
  - Half-reactions
  - Soluble electron carriers
  - Flavoproteins

#### Glycolysis, Gluconeogenesis, and the Pentose Phosphate Pathway (BIO, BC)

- Glycolysis (aerobic), substrates and products
  - Feeder pathways: glycogen, starch metabolism
- Fermentation (anaerobic glycolysis)
- Gluconeogenesis (BC)
- Pentose phosphate pathway (BC)
- Net molecular and energetic results of respiration processes

#### Principles of Metabolic Regulation (BC)

- Regulation of metabolic pathways (BIO, BC)
  - Maintenance of a dynamic steady state
- Regulation of glycolysis and gluconeogenesis
- Metabolism of glycogen
- Regulation of glycogen synthesis and breakdown
  - Allosteric and hormonal control
- Analysis of metabolic control

#### Citric Acid Cycle (BIO, BC)

- Acetyl-CoA production (BC)
- Reactions of the cycle, substrates and products
- Regulation of the cycle
- Net molecular and energetic results of respiration processes

#### Oxidative Phosphorylation (BIO, BC)

- Electron transport chain and oxidative phosphorylation
  - substrates and products
  - general features of the pathway
- Electron transfer in mitochondria
  - NADH, NADPH
  - Flavoproteins
  - Cytochromes
- ATP synthase, chemiosmotic coupling
  - Proton motive force
- Net molecular and energetic results of respiration processes
- Regulation of oxidative phosphorylation
- Mitochondria, apoptosis, oxidative stress (BC)

#### ▪ Integration of Metabolism

- **Oxidation of fatty acids**
  - Saturated fats
  - Unsaturated fats
- Ketone bodies (BC)
- Anabolism of fats (BIO)
- Non-template synthesis: biosynthesis of lipids and polysaccharides (BIO)
- Metabolism of proteins (BIO)

#### Hormonal Regulation and Integration of Metabolism (BC)

- Higher level integration of hormone structure and function
- Tissue specific metabolism
- Hormonal regulation of fuel metabolism
- Obesity and regulation of body mass

#### ▪ Gene Expression

##### Genetic Code (BIO)

- Central Dogma: DNA  $\rightarrow$  RNA  $\rightarrow$  protein
- The triplet code
- Codon–anticodon relationship
- Degenerate code, wobble pairing
- Missense, nonsense codons
- Initiation, termination codons
- Messenger RNA (mRNA)

##### Transcription (BIO)

- Transfer RNA (tRNA); ribosomal RNA (rRNA)
- Mechanism of transcription
- mRNA processing in eukaryotes, introns, exons
- Ribozymes, spliceosomes, small nuclear ribonucleoproteins

- (snRNPs), small nuclear RNA (snRNAs)
- Functional and evolutionary importance of introns

#### Translation (BIO)

- Roles of mRNA, tRNA, rRNA
- Role and structure of ribosomes
- Initiation, termination co-factors
- Post-translational modification of proteins

#### Eukaryotic Chromosome Organization (BIO)

- Chromosomal proteins
- Single copy vs. repetitive DNA
- Supercoiling
- Heterochromatin vs. euchromatin
- Telomeres, centromeres

#### Genetics of Prokaryotic Cells (BIO)

- Existence of plasmids, extragenomic DNA
- Transformation: incorporation into bacterial genome of DNA fragments from external medium
- Conjugation
- Transposons (also present in eukaryotic cells)

#### Control of Gene Expression in Prokaryotes (BIO)

- Operon Concept, Jacob–Monod Model
- Gene repression in bacteria
- Positive control in bacteria

#### Control of Gene Expression in Eukaryotes (BIO)

- Transcriptional regulation
- DNA binding proteins, transcription factors
- Gene amplification and duplication
- Post-transcriptional control, basic concept of splicing (introns,

exons)

- Cancer as a failure of normal cellular controls, oncogenes, tumor suppressor genes
- Regulation of chromatin structure
- DNA methylation
- Role of non-coding RNAs

### DNA Replication and Cellular Reproduction

#### DNA Replication (BIO)

- Mechanism of replication: separation of strands, specific coupling of free nucleic acids
- Semi-conservative nature of replication
- Specific enzymes involved in replication
- Origins of replication, multiple origins in eukaryotes
- Replicating the ends of DNA molecules

#### Repair of DNA (BIO)

- Repair during replication
- Repair of mutations

#### Mitosis (BIO)

- Mitotic process: prophase, metaphase, anaphase, telophase, interphase
- Mitotic structures
  - Centrioles, asters, spindles
  - Chromatids, centromeres, kinetochores
  - Nuclear membrane breakdown and reorganization
  - Mechanisms of chromosome movement
- Phases of cell cycle: G0, G1, S, G2, M
- Growth arrest
- Control of cell cycle
- Loss of cell cycle controls in cancer cells

#### Biosignalling (BC)

- Oncogenes, apoptosis

### Mendelian Genetics

#### Mendelian Concepts (BIO)

- Phenotype and genotype
- Gene
- Locus
- Allele: single and multiple
- Homozygosity and heterozygosity
- Wild-type
- Recessiveness
- Complete dominance
- Co-dominance
- Incomplete dominance, leakage, penetrance, expressivity
- Hybridization: viability
- Gene pool

#### Analytic Methods (BIO)

- Hardy–Weinberg Principle
- Testcross (Backcross; concepts of parental, F1, and F2 generations)
- Gene mapping: crossover frequencies

- Biometry: statistical methods

### Recombination and Mutation

#### Meiosis and Other Factors Affecting Genetic Variability (BIO)

- Significance of meiosis
- Important differences between meiosis and mitosis
- Segregation of genes
  - Independent assortment
  - Linkage
  - Recombination
  - Single crossovers
  - Double crossovers
  - Synaptonemal complex
  - Tetrad
  - Sex-linked characteristics
  - Very few genes on Y chromosome
  - Sex determination
  - Cytoplasmic/extranuclear inheritance
- Mutation
  - General concept of mutation — error in DNA sequence
  - Types of mutations: random, translation error, transcription error, base substitution, inversion, addition, deletion, translocation, mispairing
  - Advantageous vs. deleterious mutation
  - Inborn errors of metabolism
  - Relationship of mutagens to carcinogens
- Genetic drift
- Synapsis or crossing-over mechanism for increasing genetic

diversity

### The Molecular Biology Laboratory

#### Separations and Purifications (OC, BC)

- Extraction: distribution of solute between two immiscible solvents
- Distillation
- Chromatography
  - Basic principles involved in separation process
- Column chromatography, gas-liquid chromatography
- High pressure liquid chromatography
  - Paper chromatography
  - Thin-layer chromatography
- Separation and purification of peptides and proteins (BC)
  - Electrophoresis
  - Quantitative analysis
  - Chromatography
    - Size-exclusion
    - Ion-exchange
    - Affinity

#### Recombinant DNA and Biotechnology (BIO)

- Gene cloning
- Restriction enzymes
- DNA libraries
- Generation of cDNA
- Hybridization
- Expressing cloned genes
- Polymerase chain reaction
- Gel electrophoresis and Southern blotting
- DNA sequencing
- Analyzing gene expression
- Determining gene function
- Stem cells
- Practical applications of DNA technology: medical applications, human gene therapy, pharmaceuticals, forensic evidence, environmental cleanup, agriculture
- Safety and ethics of DNA technology

### Viruses

#### Virus Structure (BIO)

- General structural characteristics (nucleic acid and protein, enveloped and nonenveloped)
- Lack organelles and nucleus
- Structural aspects of typical bacteriophage
- Genomic content — RNA or DNA
- Size relative to bacteria and eukaryotic cells

#### Viral Life Cycle (BIO)

- Self-replicating biological units that must reproduce within specific host cell
- Generalized phage and animal virus life cycles
  - Attachment to host, penetration of cell membrane or cell wall,

- and entry of viral genetic material
  - o Use of host synthetic mechanism to replicate viral components
  - o Self-assembly and release of new viral particles
- Transduction: transfer of genetic material by viruses
- Retrovirus life cycle: integration into host DNA, reverse transcriptase,
  - o HIV
- Prions and viroids: subviral particles
- **Bacteria and Archaea**
  - **Classification and Structure of Prokaryotic Cells (BIO)**
    - Prokaryotic domains
      - o Archaea
      - o Bacteria
    - Major classifications of bacteria by shape
      - o Bacilli (rod-shaped)
      - o Spirilli (spiral-shaped)
      - o Cocci (spherical)
- **Animal Development and Embryology**
  - **Reproductive System (BIO)**
    - Gametogenesis by meiosis
    - Ovum and sperm
      - o Differences information
      - o Differences in morphology
      - o Relative contribution to next generation
    - Reproductive sequence: fertilization; implantation; development; birth
  - **Embryogenesis (BIO)**
    - Stages of early development (order and general features of each)
      - o Fertilization
      - o Cleavage
      - o Blastula formation
      - o Gastrulation
    - First cell movements
    - Formation of primary germ layers (endoderm, mesoderm, ectoderm)
      - o Neurulation
    - Major structures arising out of primary germ layers
    - Neural crest
    - Environment–gene interaction in development
  - **Mechanisms of Development (BIO)**
    - Cell specialization
      - o Determination
      - o Differentiation
      - o Tissue types
    - Cell–cell communication in development
    - Cell migration
    - Pluripotency: stem cells
    - Gene regulation in development
    - Programmed cell death
    - Existence of regenerative capacity in various species
    - Senescence and aging
- **Mammalian Tissues and Histology**
  - **Tissues Formed From Eukaryotic Cells (BIO)**
    - Epithelial cells
    - Connective tissue cells
- **The Nervous System**
  - **Nervous System: Structure and Function (BIO)**
    - Major Functions
      - o High level control and integration of body systems
      - o Adaptive capability to external influences
    - Organization of vertebrate nervous system
    - Sensor and effector neurons
    - Sympathetic and parasympathetic nervous systems: antagonistic control
    - Reflexes
      - o Feedback loop, reflex arc
      - o Role of spinal cord and supraspinal circuits
    - Integration with endocrine system: feedback control
  - **Nerve Cell (BIO)**
    - Cell body: site of nucleus, organelles
    - Dendrites: branched extensions of cell body
    - Axon: structure and function
    - Myelin sheath, Schwann cells, insulation of axon
    - Nodes of Ranvier: propagation of nerve impulse along axon
    - Synapse: site of impulse propagation between cells
    - Synaptic activity: transmitter molecules
    - Resting potential: electrochemical gradient

- Action potential
  - o Threshold, all-or-none
  - o Sodium/potassium pump
- Excitatory and inhibitory nerve fibers: summation, frequency of firing
- Glial cells, neuroglia
- **Sensory Systems**
  - **Vision (PSY, BIO)**
    - Structure and function of the eye
    - Visual processing
      - o Visual pathways in the brain
      - o Parallel processing (PSY)
      - o Feature detection (PSY)
  - **Hearing (PSY, BIO)**
    - Structure and function of the ear
    - Auditory processing (e.g., auditory pathways in the brain)
    - Sensory reception by hair cells
  - **Other Senses (PSY, BIO)**
    - Somatosensation (e.g., pain perception)
    - Taste (e.g., taste buds/chemoreceptors that detect specific chemicals)
    - Smell
      - o Olfactory cells/chemoreceptors that detect specific chemicals
      - o Pheromones (BIO)
      - o Olfactory pathways in the brain (BIO)
    - Kinesthetic sense (PSY)
    - Vestibular sense
- **The Endocrine System**
  - **Endocrine System: Hormones and Their Sources (BIO)**
    - Function of endocrine system: specific chemical control at cell, tissue, and organ level
    - Definitions of endocrine gland, hormone
    - Major endocrine glands: names, locations, products
    - Major types of hormones
    - Neuroendocrinology — relation between neurons and hormonal systems
  - **Endocrine System: Mechanisms of Hormone Action (BIO)**
    - Cellular mechanisms of hormone action
    - Transport of hormones: blood supply
    - Specificity of hormones: target tissue
    - Integration with nervous system: feedback control
    - Regulation by second messengers
  - **Hormonal Regulation and Integration of Metabolism (BC)**
    - Higher level integration of hormone structure and function
    - Tissue specific metabolism
    - Hormonal regulation of fuel metabolism
    - Obesity and regulation of body mass
- **The Musculoskeletal System**
  - **Muscle System (BIO)**
    - Important functions
      - o Support : mobility
      - o Peripheral circulatory assistance
      - o Thermoregulation (shivering reflex)
    - Structure of three basic muscle types: striated, smooth, cardiac
    - Muscle structure and control of contraction
      - o T-tubule system
      - o Contractile apparatus
      - o Sarcoplasmic reticulum
      - o Fiber type
      - o Contractile velocity of different muscle types
    - Regulation of cardiac muscle contraction
    - Oxygen debt: fatigue
    - Nervous control
      - o Motor neurons
      - o Neuromuscular junction, motor end plates
      - o Sympathetic and parasympathetic innervation
      - o Voluntary and involuntary muscles
  - **Specialized Cell - Muscle Cell (BIO)**
    - Structural characteristics of striated, smooth, and cardiac muscle
    - Abundant mitochondria in red muscle cells: ATP source
    - Organization of contractile elements:
      - o actin and myosin filaments
      - o crossbridges
      - o sliding filament model
    - Sarcomeres: “I” and “A” bands, “M” and “Z” lines, “H” zone
    - Presence of troponin and tropomyosin

- Calcium regulation of contraction

### **Skeletal System (BIO)**

- Functions
  - Structural rigidity and support
  - Calcium storage
  - Physical protection
- Skeletal structure
  - Specialization of bone types, structures
  - Joint structures
  - Endoskeleton vs. exoskeleton
- Bone structure
  - Calcium/protein matrix
  - Cellular composition of bone
- Cartilage: structure and function
- Ligaments, tendons
- Endocrine control

## ▪ **The Cardiovascular System**

### **Circulatory System (BIO)**

- Functions: circulation of oxygen, nutrients, hormones, ions and fluids, removal of metabolic waste
- Role in thermoregulation
- Four-chambered heart: structure and function
- Endothelial cells
- Systolic and diastolic pressure
- Pulmonary and systemic circulation
- Arterial and venous systems (arteries, arterioles, venules, veins)
  - Structural and functional differences
  - Pressure and flow characteristics
- Capillary beds
  - Mechanisms of gas and solute exchange
  - Mechanism of heat exchange
  - Source of peripheral resistance
- Nervous and endocrine control

## ▪ **Blood**

- Composition of blood
  - Plasma, chemicals, blood cells
  - Erythrocyte production and destruction; spleen, bone marrow
  - Regulation of plasma volume
- Coagulation, clotting mechanisms
- Oxygen transport by blood
  - Hemoglobin, hematocrit
  - Oxygen content
  - Oxygen affinity
- Carbon dioxide transport and level in blood

## ▪ **The Respiratory System**

- General function
  - Gas exchange, thermoregulation
  - Protection against disease : particulate matter
- Structure of lungs and alveoli
- Breathing mechanisms
  - Diaphragm, rib cage, differential pressure
  - Resiliency and surface tension effects
- Thermoregulation: nasal and tracheal capillary beds; evaporation, panting
- Particulate filtration: nasal hairs, mucus/cilia system in lungs
- Alveolar gas exchange
  - Diffusion, differential partial pressure
  - Henry's Law (GC)
- pH control
- Regulation by nervous control - CO<sub>2</sub> sensitivity

## ▪ **The Lymphatic System and Immunity**

### **Lymphatic System (BIO)**

- Structure of lymphatic system
- Major functions
  - Equalization of fluid distribution
  - Transport of proteins and large glycerides
  - Production of lymphocytes involved in immune reactions
  - Return of materials to the blood

### **Immune System (BIO)**

- Innate (non-specific) vs. adaptive (specific) immunity
- Adaptive immune system cells
  - T-lymphocytes
  - B-lymphocytes
- Innate immune system cells

- Macrophages
- Phagocytes

- Tissues
  - Bonemarrow
  - Spleen
  - Thymus
  - Lymph nodes
- Concept of antigen and antibody
- Antigen presentation
- Clonal selection
- Antigen-antibody recognition
- Structure of antibody molecule
- Recognition of self vs. non-self, autoimmune diseases
- Major histocompatibility complex

## ▪ **The Urinary System**

### **Excretory System (BIO)**

- Roles in homeostasis
  - Blood pressure
  - Osmoregulation
  - Acid-base balance
  - Removal of soluble nitrogenous waste
- Kidney structure
  - Cortex
  - Medulla
- Nephron structure
  - Glomerulus
  - Bowman's capsule
  - Proximal tubule
  - Loop of Henle
  - Distal tubule
  - Collecting duct
- Formation of urine
  - Glomerular filtration
  - Secretion and reabsorption of solutes
  - Concentration of urine
  - Counter-current multiplier mechanism
- Storage and elimination: ureter, bladder, urethra
- Osmoregulation: capillary reabsorption of H<sub>2</sub>O, amino acids, glucose, ions
- Muscular control: sphincter muscle

## ▪ **The Digestive System and Nutrition**

### **Digestive System (BIO)**

- Ingestion
  - Saliva as lubrication and source of enzymes
  - Ingestion; esophagus, transport function
- Stomach
  - Storage and churning of food
  - Low pH, gastric juice, mucal protection against self-destruction
  - Production of digestive enzymes, site of digestion
  - Structure (gross)
- Liver
  - Structural relationship of liver within gastrointestinal system
  - Production of bile
  - Role in blood glucose regulation, detoxification
- Bile
  - Storage in gall bladder
  - Function
- Pancreas
  - Production of enzymes
  - Transport of enzymes to small intestine
- Small Intestine
  - Absorption of food molecules and water
  - Function and structure of villi
  - Production of enzymes, site of digestion
  - Neutralization of stomach acid
  - Structure (anatomic subdivisions)
- Large Intestine
  - Absorption of water
  - Bacterial flora
  - Structure (gross)
- Rectum: storage and elimination of waste, feces
- Muscular control
  - Peristalsis
- Endocrine control



- Hormones
- Target tissues
- Nervous control: the enteric nervous system

## ▪ **The Reproductive System**

### **Reproductive System (BIO)**

- Male and female reproductive structures and their functions
  - Gonads
  - Genitalia
  - Differences between male and female structures
- Hormonal control of reproduction
  - Male and female sexual development
  - Female reproductive cycle
  - Pregnancy, parturition, lactation
  - Integration with nervous control

## ▪ **Skin**

### **Skin System (BIO)**

- Structure
  - Layer differentiation, celltypes
  - Relative impermeability to water
- Functions in homeostasis and osmoregulation
- Functions in thermoregulation
  - Hair, erectile musculature
  - Fat layer for insulation
  - Sweat glands, location in dermis
  - Vasoconstriction and vasodilation in surface capillaries
- Physical protection
  - Nails, calluses, hair
  - Protection against abrasion, disease organisms
- Hormonal control: sweating, vasodilation, and vasoconstriction

## ▪ **Evolution**

### **Evolution (BIO)**

- Natural selection
  - Fitness concept
  - Selection by differential reproduction
  - Concepts of natural and group selection
  - Evolutionary success as increase in percent representation in the gene pool of the next generation
- Speciation
  - Polymorphism
  - Adaptation and specialization
  - Inbreeding
  - Outbreeding
  - Bottlenecks
- Evolutionary time as measured by gradual random changes in

genome

- Genetic drift